

NEWSLETTER

Winter 2015

APM — Psychiatrists Providing Collaborative Care Bridging Physical and Mental Health

President's MESSAGE — Catherine C. Crone, MD, FAPM



Greetings and Happy New Year! While the sun and warmth of Fort Lauderdale may now seem like a distant memory as we bundle up against the cold, many of our members attended the Academy's 2014 Annual Meeting and benefited from a terrific program. Led by **Dr. Linda Worley**, 2014 APM president, and program chair **Dr. J. Michael Bostwick**, the meeting set a new record of nearly 860 attendees. The meeting program offered a breadth of education on topics that included, but were not limited to, perinatal psychiatry, toxidromes, medical marijuana, bedside psychotherapy, ventricular assist devices, autonomy versus medical futility, depression following TBI and spinal cord injury, as well as early career psychiatry. A number of excellent presentations were organized by our SIGs, some even involved collaborative efforts across SIGs, such as ethics and palliative care as well as transplant and cardiovascular psychiatry. With many of us facing the ABPN PM recertification exam this spring or PM Boards in fall 2015, there was also a comprehensive and information-packed *Updates in Psychosomatic Medicine* course to help us with our test preparation efforts. For those who were unable to attend the course or the annual meeting, it is available for purchase and viewing through our website's Live Learning Center. Our meeting was also preceded with the opportunity to take a pre-test to allow us to gather those important MOC credits. Many thanks are owed to the members of the Annual Meeting Committee, Maintenance of Certification Subcommittee, Fellowship and Awards Subcommittee, SIGs, and Research & Evidence-Based Practice Committee whose hard work led to the success of our Fort Lauderdale meeting. Please forgive me if I did not list all the committees and subcommittees that contributed, but please know your efforts are crucial to our members.

We are currently in the process of planning for the 2015 Annual Meeting, which will be held in New Orleans, Louisiana, at the Hilton New Orleans Riverside Hotel, November 11-14. Under the direction of **Dr. Philip Bialer** as program chair, the theme of this upcoming meeting is "**The Art and Science of Communication.**" The chosen theme is meant to focus on the special skills that consultation-liaison psychiatrists offer, whether referring to direct communication with patients, families, and other health care providers, educating others about patient-physician communication, or research into communication skills and collaborative care. In keeping with the theme, we are in the midst of arranging for our plenary speakers, who will include Dr. Rita Charon, Director of the Program in Narrative Medicine at Columbia University College of Physicians and Surgeons, and Dr. Grayson Norquist, Chair of the Patient-Centered Outcomes Board of Governors, an organization focused on addressing health care disparities and evidence-based information needs for patients, caregivers, and clinicians. Announcements about our other plenary speakers will be forthcoming.

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Annual Meeting NEWS

**APM 62nd Annual Meeting in
New Orleans, Louisiana**

"The Art and Science of Communication in Psychosomatic Medicine"

—**Philip A. Bialer, MD, FAPM**
2015 Scientific Program Chair

Kudos to Michael Bostwick and the entire hard-working and highly effective 2014 Annual Meeting Program Committee for a most wonderful meeting in Fort Lauderdale this past November. With a record number of attendees, an impressive roster of plenary speakers, and a jam-packed program of posters, symposia, workshops, and social events, this was a meeting that was successful in many ways.

Some highlights of the meeting included a very moving presentation by Dr. Louise Aronson about the human side of medicine. Her work highlights our patients' sto-

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Issue HIGHLIGHTS:

- ⊙ 2014 Meeting Highlights & Awards
- ⊙ 2015 Meeting in New Orleans and Call for Awards & Abstracts
- ⊙ APM to Receive APA Distinguished Service Award
- ⊙ APM Fellowship Criteria Amended
- ⊙ EAPM Guest Column

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President's Message (cont'd. from page 1)

We encourage members and trainees to consider submitting a poster, paper, workshop, or symposia proposal for this meeting, keeping in mind that our submission deadline is April 1, 2015. I would particularly encourage our SIGs to start planning and communicating with one another to come up with some dynamic submissions. Please plan to come and join us for what we hope will be a wealth of information, thoughtful dialogue, lively networking, wonderful food, jazz, and an occasional Sazerac cocktail or Pat O'Brien Hurricane. *Laissez les bon temps rouler!*

During the course of the past year we have been working to enhance membership value and will continue this emphasis in the coming year. With this in mind, we will be making a significant investment in our communications efforts, which will include a redesign of the APM website. This will improve members' access to important topics and current information in our field. Additionally, we are aiming to develop offerings that will help members meet Performance in Practice criteria for the Maintenance of Certification requirements. We are also seeking to enhance our subspecialty's visibility by strengthening our relationship with organizations such as the American Psychiatric Association, which provides our group with a louder voice within psychiatry and medicine. For those of you who are responsible for training PM fellows or are starting your fellowship in July, we are working to create assessment tools and approaches that will enable us to make optimal use of the educational and developmental components of the ABPN PM Milestones. If you are soon to be finishing your fellowship or are seeking a change in careers, please consider taking a look at the Career Center on the APM website, as there are a number of job opportunities listed there. We have been working to expand the job listings that are specific to consultation-liaison psychiatry. Regarding the Foundation, we will be working alongside their board members to ensure that donations continue to have a direct impact on APM members and the future of our field.

In conclusion, we hope to make the Academy a "home base" to as many of you in our field as possible. Your new or continued participation in our organization is vital and I welcome your comments on how we can make your Academy membership of greatest value to you.

Annual Meeting Chair's Message (cont'd. from page 1)

ries and how these stories serve to educate us. Our patients are also our teachers, and the patient narrator fits in very well with the theme for our upcoming meeting, as you will see below. Dr. Bostwick, the program chair, participated by sharing a story of one of his own patients. In addition, we were treated to stimulating thought-provoking lectures by APM Research Award winner, **Dr. Jesse Fann** and Hackett Award winner, **Dr. Lewis Cohen**. Current American Psychiatric Association President **Dr. Paul Summergrad**, also participated and spoke of the important role psychosomatic medicine plays in the shift towards integrated care.

We are now well into planning the 2015 Annual Meeting which will take place in New Orleans, November 11–14. President Dr. Cathy Crone has chosen the theme "**The Art and Science of Communication in Psychosomatic Medicine.**" Communication encompasses broad areas including how we communicate with our patients, how we communicate with each other, and how we communicate with the public. We are currently finalizing the roster of plenary speakers who have special expertise in these various areas of communication that

range from patient outcomes research, to bedside psychotherapy, to the patient narrative.

This past year we also introduced a meeting app for mobile devices which proved to be highly successful. Participants were able to plan an individualized schedule, download presentations, and evaluate the meeting. Internal feedback about the app has been extremely positive and we will continue to refine and streamline our materials to make the meeting as beneficial as possible for all who attend.

Of course, much of the success of the annual meeting depends upon the hard-working members of the program committee. The Pre-Conference Courses Subcommittee is co-chaired by **Drs. Maryland Pao** and **Lisa Rosenthal**. Although the next initial certification exam for Psychosomatic Medicine will not take place until 2017, an MOC recertification exam will again be offered in 2016. We are, therefore, considering a full-day updates course similar in format to the very popular updates courses at last year's meeting.

Drs. Sandra Rackley and **Christopher Sola** are co-chairs of what we have traditionally called the Work-

shops & Symposia Subcommittee. But there's a twist in the approach for 2015. Over the years, there has been less distinction between these two formats, as most sessions have been scheduled for an equal amount of time, and the level of interactivity of workshops has varied. So for 2015 we're dropping these sometimes limiting labels and describing our educational offerings as "general sessions." As we continue to discuss and refine this issue, these sessions remain an integral part of our program, and the subcommittee will be focused on choosing the submissions that will provide the highest caliber educational experience for our attendees, regardless of format.

Drs. Jon Levenson and Christina Wichman are heading up the Oral Papers & Posters Subcommittee. This is yet another part of the program that has continued to develop and grow. The poster session in particular allows for an incredible amount of give and take among students, residents, fellows, and junior and senior faculty. This event has become one of the most popular of the annual meeting as it segues into the Thursday evening Welcome Reception.

We are also paying special attention to our trainees and early career

psychiatrists with a subcommittee co-chaired by **Drs. Kristin Somers and John Taylor**, who are making ambitious plans to develop our networking opportunities for this growing cohort of annual meeting attendees.

Finally, did I mention that this meeting will be taking place in New Orleans? *Of course I did!* The Hilton Riverside will serve as our host hotel and we have recently expanded our block of rooms with the hopes that we can accommodate everyone who is attending. There will also be additional lodging available in close proximity if needed. The hotel is next to the Riverwalk, a short walk to the French Quarter and also close to the Warehouse District. Our Local Arrangements Subcommittee, co-chaired by **Drs. Anne Gross and Laura Kent**, is planning some fabulous activities for all of us given the plethora of great restaurants, great jazz, and great fun to be had in New Orleans. Beignets and café au lait, anyone?

Start working on your submissions. There is a firm deadline of April 1 for all submissions, with no extensions. I expect this to be a meeting we will long remember as one of the best!

ANNUAL MEETING COMMITTEE 2015

Chair: Philip Bialer, MD, FAPM
Vice Chair: Jeff Huffman, MD, FAPM

Pierre Azzam, MD, FAPM
Anne Gross, MD, FAPM
Thomas Heinrich, MD, FAPM
Sandra Rackley, MD
Kristin Somers, MD, FAPM
J. Michael Bostwick, MD, FAPM

Pre-conference Courses:

Co-chairs: Maryland Pao, MD, FAPM
Lisa Rosenthal, MD, FAPM

Rashi Aggarwal, MD
Lois Krahn, MD, FAPM
James Levenson, MD, FAPM
Leeza Park, MD
Divy Ravindranath, MD
Lisa Seyfried, MD
Theodore Stern, MD, FAPM

Early Career Track:

Co-chairs: Kristin Somers, MD
John Taylor, MD

Alan Bates, MD, PhD
Scott Beach, MD
Rebecca Brendel, MD, JD, FAPM
Anne Gross, MD, FAPM
Katy Lalone, MD
Mark Oldham, MD
J.J. Rasimas, MD, PhD, FAPM
Charles Surber, MD

General Sessions:

Co-chairs: Sandra Rackley, MD
Christopher Sola, DO, FAPM

Sharon Batista, MD
James Bourgeois, OD, MD, FAPM
Khyati Brahmhbhatt, MD
Syma Dar, MD
Marc Feldman, MD
Marian Fireman, MD, FAPM
Travis Fisher, MD
Thomas Heinrich, MD, FAPM
Jeff Huffman, MD, FAPM
Manuel Pacheco, MD, FAPM
Laura Prager, MD
Gen Shinozaki, MD, FAPM
Christine Skotzko, MD, FAPM
Sanjeev Sockalingham, MD, FAPM
Erin Sterenson, MD
Joel Wallace, MD, FAPM

Oral Papers & Posters:

Co-chairs: Jon Levenson, MD, FAPM
Christina Wichman, DO, FAPM

Patrick Aquino, MD, FAPM
Bradford Bobrin, MD
Jason Caplan, MD, FAPM
M. Beatriz Currier, MD, FAPM
Mary Jo Fitz-Gerald, MD, FAPM
Janna Gordon-Elliott, MD
Rita Hargrave, MD
Laura Kent, MD, FAPM

(cont'd next column)



Philip Bialer, MD, FAPM, Chair of the APM 2015 Annual Meeting Committee

Shehzad Niazi, MD, FAPM
Chloe Nims, MD
Roberto Ortiz-Aguayo, MD, FAPM
Terry Rabinowitz, MD, DDS, FAPM
Muhamad Aly Rifai, MD, FAPM
Dahlia Saad Pendergrass, MD
Terry Schneekloth, MD, FAPM
Lisa Seyfried, MD

Local Arrangements:

Co-chairs: Anne Gross, MD, FAPM
Laura Kent, MD, FAPM

Scott Beach, MD
Christina Bilyeu, MD
Mary Jo Fitz-Gerald, MD, FAPM
Kim Hartney, MD
Manon Mashburn, MD
Leeza Park, MD
Ann Schwartz, MD, FAPM
Jorge Sotelo, MD, FAPM
Lee Tynes, MD, PhD
Marcus Wellen, MD

BRIDGE BUILDING *with the* AMERICAN PSYCHIATRIC ASSOCIATION

Linda Worley, MD, FAPM, APM Immediate Past President
David Gitlin, MD, FAPM, Chair, APA Psychosomatic Medicine Council

During the APM 2014 Strategic Planning Meeting, one of the major priorities that arose was the need to continue efforts to strengthen our collaborative relationship with the American Psychiatric Association (APA). Our underlying goals have been to promote APM and to foster greater awareness of what psychosomatic medicine has to offer regarding health care reform and development of integrated care models. Additionally, we felt that the considerably larger membership, louder voice, and greater advocacy strength of APA would also be beneficial in reaching these goals. To this end, we have taken on a number of opportunities in the past few years.

As a result, we are delighted to report that a solid bridge has been built between our respective organizations, thanks to the participation of APM members and in no small part from strong leadership and support from current APA President Dr. Paul Summergrad.

At present, invitations have been extended by the APA to the Academy for us to contribute to:

- Evidence-informed policy development
- Advocacy meetings with national leadership
- Scientific meeting program planning
- Educational offerings
- APA governance
- APA Psychosomatic Medicine Council



Linda Worley, MD, FAPM



David Gitlin, MD, FAPM

In recognition of our contributions to the APA, we have received notice that the Academy of Psychosomatic Medicine will be honored with an American Psychiatric Association Distinguished Service Award at its May 2015 convocation ceremony! (See the article about the award on page 14.)

Congratulations! We extend a special thank you to so many of you for stepping up to contribute when asked, and for being proud of your “home” in the Academy.

APM FELLOWSHIP ELIGIBILITY CRITERIA AMENDED

Responding to recommendations from the Fellowship & Awards Subcommittee, the APM Council has approved updates to the Fellowship eligibility criteria. The main changes for 2015 candidates are:

1. Must have completed a PM/C-L fellowship a minimum of six (6) years prior and/or have received certification in Psychosomatic Medicine or have completed a dual residency. Candidates may receive exceptions depending on individual circumstances.
2. Have attended at least three APM Annual Meetings in the last five years prior to application.
3. Has been or is currently an active contributor to the Academy in three of the past five years through one or more of the following volunteer activities: 1) membership on an Academy committee, subcommittee, or taskforce; 2) service as

chair, co-chair, or vice chair of an Academy special interest group; 3) presented at an Academy annual meeting as (a) a moderator, speaker, or discussant for a pre-conference course or general session; or (b) a lead presenting author for a poster or an oral paper session.

4. Be sponsored by two Academy Fellows who must submit a letter of recommendation on the candidate's behalf to the APM Fellowship & Awards Subcommittee. Letters of reference should address the candidate's contribution to the Academy and/or field of psychosomatic medicine in two or more of the following areas:
 - Clinical administration service in psychosomatic medicine
 - Education in psychosomatic medicine
 - Scholarship in psychosomatic medicine, exemplified by publications

- Promotion of psychosomatic medicine outside of participation in the Academy (with examples)

Specifically, the updates are intended to recognize candidates for Fellowship that have made demonstrable contributions to the Academy, as much as for contributions to the field of psychosomatic medicine.

The changes will be effective for all candidate applications this year. The website was updated with the new eligibility criteria in late February and was accompanied by the introduction of an online application process. Due to the volume of submissions, the Academy will no longer accept applications by fax, email, or paper.

A further modification to the criteria is scheduled for 2016, when the time-out-of-training eligibility criterion will be increased from three to six years. A bylaws change, scheduled for November, is needed before this criterion can be modified.

FELLOWSHIP EDUCATION SUBCOMMITTEE NEWS

Madeleine Becker, MD, FAPM, Chair, APM Fellowship Education Subcommittee
Paul Desan, MD, PhD, FAPM, Chair, APM Education Committee

The Fellowship Education Subcommittee continues to work in assisting program directors to develop and run successful psychosomatic medicine fellowship programs. We have an outstanding committee this year and each of our members is active in contributing to our work.

Directors' Forum

At our Directors' Forum at the APM Annual Meeting in Fort Lauderdale, Paul Desan, MD, PhD, presented an update on recruitment and the NRMP Match process. Over the past 10 years, there has been a steady rise in the number of PM fellows and also a steady rise in the number of PM fellowships. By contrast, over the same time period, the subspecialties of Forensic and Addiction Psychiatry have been stable, while Geriatric Psychiatry is declining in positions and fellows. Dr. Desan also presented results of a survey of current fellows, the first group to apply through the Match; responses were strongly in favor of the Match process.

Robert Boland, MD, FAPM, chair of the Psychosomatic Medicine Milestones Workgroup, also presented at the Directors' Forum. Beginning July 2015, all of our fellowships will be required by the ACGME to use the Milestones. Dr. Boland introduced the Milestones and the process for using them in fellowship programs.

For the future, it is our hope to use the Directors' Forum to provide updates on new developments in fellowship education, including new requirements. We hope that the forum will serve to represent the opinions and interests of our program directors, and to help facilitate needed changes in the fellowships as a coherent group.

Nuts & Bolts Workshop

The Fellowship Education Subcommittee presented a workshop at the recent annual meeting. The workshop covered the full set of ACGME requirements for PM fellowships. The subcommittee will plan to continue the tradition of developing a "Nuts and Bolts" course for program directors at our annual meeting. Our workshop always welcomes program directors. We hope that it will serve as a resource for keeping us informed and up-to-date, and for assisting with the confusing and ever-changing mandates from the ACGME.

Assessment Tools

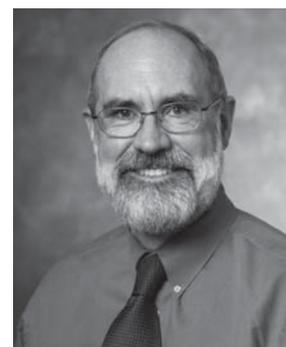
The work of the Fellowship Education Subcommittee this year will include the development of assessment forms for PM program directors. We are in the process of creating several standardized evaluation forms that can be used across all PM fellowship programs that will reflect the format of the PM Milestones.

NRMP Match

As you know, the Match occurred on January 7th. Our match results remind us that recruitment of fellows continues to be of highest



Madeleine Becker, MD, FAPM



Paul Desan, MD, PhD, FAPM

importance to our field. With 52 enrolled programs, there were 93 positions in the Match and 64 of these positions were filled, a fill rate of 69%, which is the same as last year. Increasing resident interest and fellowship recruitment will be a priority of our committee this year. Overall, the match process went smoothly. We are grateful for all of your work in adapting to the process, as this is an essential part of our success as a subspecialty.

Certification / Recertification

As a reminder, the PM certification exam is offered October 13-16, 2015. Deadline for registration is April 1, 2015, and the late deadline is June 1, 2015. Note that the fee for late application is \$500.

For individuals recertifying, the next Maintenance of Certification (MOC) is offered April 13-17, 2015. The next MOC exam will be April 18-22, 2016, with application deadline November 3, 2015; the late deadline is December 1, 2015, with a late application fee of \$500.

Some tips: Written exams administered in 2015-16 will use classifications and diagnostic criteria that have **not** changed from DSM-IV-TR. Diagnoses from DSM-IV-TR that are obsolete will **not** be tested. Diagnoses that are new to DSM-5 (those that were not mentioned at all in DSM-IV-TR) will **not** be tested. However, diagnoses that are exactly or substantially the same in both DSM editions will be tested. This includes those that have a name change only, those that have been expanded into more than one new diagnosis, and those that have been subsumed or combined into a new diagnosis. For these diagnoses, **both the DSM-IV-TR and the DSM-5 diagnosis will be included** in the test items.

Remember that the MOC process requires a significant amount of self-assessment CME credit. Be sure to take the self-assessment MOC exams before the annual meeting! Eight hours of credit are provided. If you do not use this important free service to meeting attendees, you may need to pay to obtain the required hours of self-assessment credit.

2014 Annual Meeting

AWARDS

HACKETT AWARD

The Eleanor and Thomas P. Hackett Memorial Award is the Academy's highest honor, given in recognition of outstanding achievement across an entire career in psychosomatic medicine in training, research, clinical practice, and leadership. **Lewis Cohen, MD, FAPM**, received the 2014 award, speaking on "Fatal Decisions," which consisted of readings from a recent piece he had written about Sigmund Freud's medical care, accompanied with selections from his current book project about assisted dying.

In his lecture, Dr. Cohen noted that it is now widely considered legal and ethical in the U.S. to withhold and withdraw life-support treatments, provide palliative sedation and analgesics, agree with voluntary cessation of eating and drinking, and facilitate the use of hospice services (which precede over one million deaths annually). His presentation sought to challenge the audience to also think about the more controversial and less accepted practices of "aid in dying," "death with dignity," "self-deliverance," or what is most commonly known as "assisted suicide" or "euthanasia."

Dr. Cohen's abstract described how "One of the great privileges that come with wearing



Lewis Cohen, MD, FAPM, received the 2014 Hackett Award from APM President Linda Worley (right). Dr. Cohen's wife, Joan Berzoff, MD (center), introduced Dr. Cohen.

a white coat to work is that we frequently participate in the dramas surrounding death and dying. One of our great misfortunes is that people turn to us during these momentous situations for counsel and advice. No one taught me what to say or to do, and no one ever prepared me that the entire field of medicine was in the process of undergoing a cataclysmic philosophical shift in its approach to people's right to shape their terminal care and their deaths. I am still trying to figure out how to respond in these situations.

"My hypothesis is that when people become severely ill they not only want to suffer minimally and to function maximally, but

that as the end approaches, many—but not all—want greater control over the timing and manner of death. There is a spectrum of techniques that we can now offer in order to hasten the dying process."

It would be an understatement to say Dr. Cohen's presentation was very well-received by attendees; it ended with a standing ovation.

Dr. Cohen is the principal investigator of a new PCORI (Patient-Centered Outcomes Research Institute) project improving end-of-life communication among dialysis patients residing in New England and New Mexico. His academic career has been focused on integrating nephrology, palliative medicine, and psychiatric practice in the care of patients with renal failure. He is the author of *No Good Deed* (Harper Collins, 2010) and is writing a new nonfiction book for the general public about the American assisted dying (physician-assisted suicide) movement. He is a professor at Tufts University School of Medicine and has been a consultation psychiatrist at Baystate Medical Center in Springfield, MA, for the past three decades.

Dr. Cohen was introduced by his wife, Joan Berzoff, MD, professor at Smith College School for Social Work, Smith College, Northampton, MA.

AWARD OF SPECIAL RECOGNITION

The Award of Special Recognition is conferred on individuals for outstanding service to the field of psychosomatic medicine on a local or national level.

Philip Bialer, MD, FAPM, received the 2014 award in recognition of his outstanding—and very successful—efforts in organizing Psychosomatic Medicine's participation in the NRMP Match program.

Dr. Bialer is the Director of Training for the Communication Skills and Research Lab at Memorial Sloan Kettering Cancer Center in New York City. He is also the Associate Training Director for the Psychosomatic Medicine Fellowship at MSKCC. Dr. Bialer serves on the APM Council as Chair of the 2015 Annual Meeting Program Committee and, until recently, was chair of APM's Education Committee.



Philip Bialer, MD, FAPM, received the Award of Special Recognition from Elisabeth Kunkel, MD, FAPM.

RESEARCH AWARD

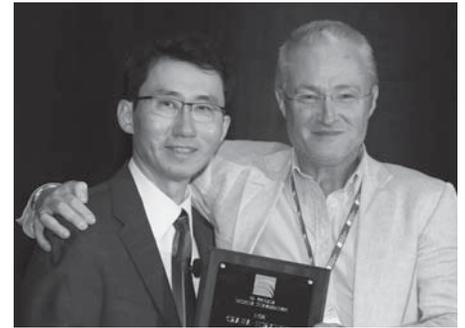
The APM Research Award is given to honor the accomplishments and stature of a currently active researcher in the field of psychosomatic medicine. This year's award was presented to **Jesse Fann, MD, FAPM**, who spoke on "Nervous Breakdown: Depression Following Traumatic Brain and Spinal Cord Injury."

Dr. Fann is a professor in the Department of Psychiatry and Behavioral Sciences, and adjunct professor in the Departments of Rehabilitation Medicine and Epidemiology, at the University of Washington. He is also director of Psychiatry and Psychology Services at the Fred Hutchinson Cancer Research Center/Seattle Cancer Care Alliance. He

received his B.S. in Electrical Engineering from Stanford University, his M.D. from Northwestern University, and his M.P.H. from the University of Washington. Dr. Fann is a Fellow of the APM, past recipient of the Dlin/Fischer Award, and an inaugural recipient of the Academy's Webb Fellowship.

Over the past 20 years, Dr. Fann has conducted studies examining the epidemiology and treatment of psychiatric disorders, particularly depression, following traumatic brain injury, spinal cord injury, and cancer. He has been principal investigator on studies funded by the NIH, the Department of Education, the CDC, and the American Cancer Society. Dr. Fann has authored over 80 peer-reviewed scientific articles and has served on numer-

ous national editorial and advisory boards, including the Department of Defense's Psychological Health Advisory Board.



Jesse Fann, MD, FAPM (left), received the 2014 Research Award from the co-chair of the Research & Evidence-Based Practice Committee, Michael Sharpe, MD, FAPM.

DLIN/FISCHER AWARD

The Dlin/Fischer Clinical Research Award is presented for significant achievement in clinical research and the best paper submitted for presentation at the annual meeting. The award is named for Barney "Ben" Dlin, MD, FAPM, president of APM 1983-84, and H. Keith Fischer, MD, FAPM, president 1975-76.

José Maldonado, MD, FAPM, received the 2014 award and spoke on "Prospective Validation Study of the Prediction of Alcohol Withdrawal Severity Scale (PAWSS) of a New Scale for the Prediction of Moderate to Severe Alcohol Withdrawal Syndrome."

This was Dr. Maldonado's second time winning the Dlin/Fischer award; he was also a recipient in 2004.

Dr. Maldonado is an Associate Professor of Psychiatry, Medicine, Surgery, Emergency Medicine, and Law at Stanford University in California. He has been the Chief of Psychosomatic Medicine at Stanford since 1996; a member of the Academy of Psychosomatic Medicine since 1991 and an APM Fellow since 1996; a 2009 recipient of APM's Dorfman Journal Award for Best Article for Original Research; and the Herbert Spiegel Award for Hypnosis Research from the Department of Psychiatry at Columbia University and New York State Psychiatric Institute. His research interests include: the neurobiology and management of delirium; psychosocial aspects of solid organ and composite tissue transplantation; novel methods for the diagnosis, prophylaxis and treatment of alcohol withdrawal syndromes; and the medical use of hypnosis.



APM President Linda Worley, MD, FAPM, presented the 2014 Dlin/Fischer Award to José Maldonado, MD, FAPM.

DON LIPSITT AWARD For Achievement in Integrated and Collaborative Care

The Don R. Lipsitt Award honors a mid-career psychiatrist currently making substantial contributions to the evolving field of integrated behavioral health, as demonstrated through some combination of research and scholarship, clinical care, clinical systems development, education of trainees, or health care policy.

The inaugural winner of the 2014 award was **Jeff Huffman, MD, FAPM**, director

of the cardiac psychiatry program at MGH and an associate professor of psychiatry at Harvard Medical School. As part of the award, Dr. Huffman, together with his colleagues

Dr. Chris Celano and Scott Beach, presented the workshop, "Practical Implementation of Inpatient Collaborative Care: A Nuts-and-Bolts Workshop."



Lipsitt Award winner, Jeff Huffman, MD, FAPM

DORFMAN JOURNAL PAPER AWARDS

For the best papers published the past year in *Psychosomatics*

Wilfred "Bill" Dorfman, MD, FAPM was a founding member of APM in 1953, served as Academy president 1959-60, and was the first editor-in-chief of the Academy's journal, *Psychosomatics*, from 1960 through 1986. The Dorfman award is named in his honor, for the best papers published each year in the journal.

BEST CASE REPORT

John Taylor, MD, MBA, Theodore Stern, MD, for "Conflicts Between Consultants and Consultees: Causes, Consequences, and Corrective Actions"

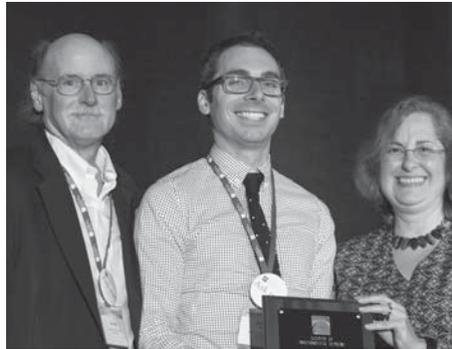
BEST ARTICLE for Original Research

Miguel Juliao, MD, Antonio Barbosa, MD, PhD, Fatima Oliveira, RN, Baltazar Nunes, PhD, for "Prevalence and Factors Associated with Desire for Death in Patients with Advanced Disease: Results from a Portuguese Cross-Sectional Study"

Honorable mention: Takuto Ishida, MD, Takeshi Katagiri, MD, Hiroyuki Uchida, MD, PhD, Hiroyoshi Takeuchi, MD, PhD, Hitoshi Sakurai, MD, Koichiro Watanabe, MD, PhD, Masaru Mimura, MD, PhD, for "Incidence of Deep Vein Thrombosis in Restrained Psychiatric Patients"

BEST REVIEW ARTICLE:

Anne Gross, MD, Theodore Stern, MD, for "Neuropsychiatric Conditions Associated with Anesthesia Exposure"



Best Case Report authors Theodore Stern, MD, FAPM (left), and John Taylor, MD (center), with award presenter Elisabeth Kunkel, MD, FAPM



Best Review Article authors Theodore Stern, MD, FAPM, and Anne Gross, MD (center), with award presenter Elisabeth Kunkel, MD, FAPM

WEBB FELLOWSHIPS

The William L. Webb Fellowship Program fosters the career development and leadership potential of advanced residents and fellows in PM/C-L psychiatry. The fellowship is named in honor of the late William L. Webb, Jr., MD, FAPM, president of the Academy 1986-87.

The winners of this year's awards are:

- Marra Ackerman, MD, New York State Psychiatric Institute/Columbia University Medical Center, New York, NY
- Elie Isenberg-Grzeda, MD, Memorial Sloan Kettering Cancer Center, New York, NY
- David Kroll, MD, Brigham and Women's Hospital, Boston, MA
- Kathleen Sheehan, MD, DPhil (PhD), University Health Network, Toronto, ON, Canada

Each Webb Fellow will present an oral paper at a special session at the 2015 annual meeting.

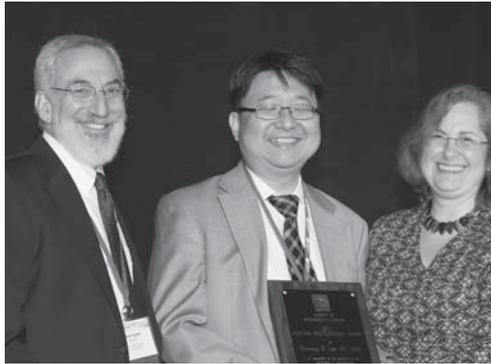


2014 William L. Webb Fellowship recipients, from left: Kathleen Sheehan, MD, PhD; David Kroll, MD; Marra Ackerman, MD; Elie Isenberg-Grzeda, MD

VISITING PROFESSORSHIPS

Visiting Professorship awards are used to support the travel expenses, lodging, meals, and honorarium for an APM member to serve as a visiting professor to a host university, hospital, or medical facility. This year's Visiting Professorship awards were presented to:

- **Hochang Benjamin Lee, MD, FAPM**, from Yale University School of Medicine, visiting Baystate Medical Center/Tufts University School of Medicine. Nominated by: Steven Fischel, MD, PhD, FAPM, Director of Psychiatry Consultation Service at Tufts.
- **James Levenson, MD, FAPM**, from Columbia University Medical Center, visiting University of Pennsylvania Department of Psychiatry. Nominated by: Robert Weinrieb, MD, Director, Psychosomatic Medicine at UPenn.
- **José Maldonado, MD, FAPM**, from Stanford University, visiting Cleveland Clinic. Nominated by: Leo Pozuelo, MD, FACP, FAPM, Section Head, Consultation-Liaison Psychiatry, at Cleveland Clinic.



Steven Fischel, MD, FAPM (left) hosted Visiting Professor **Hochang Benjamin Lee, MD, FAPM** (center) at Baystate Medical Center/Tufts University. Elisabeth Kunkel, MD, FAPM, presented the award.



Robert Weinrieb, MD (left), host at the University of Pennsylvania to Visiting Professor **James Levenson, MD, FAPM** (center), with award presenter Elisabeth Kunkel, MD, FAPM

MARK YOUR CALENDARS:

FUTURE APM ANNUAL MEETINGS

November 9–12, 2016

63rd Annual Meeting,
JW Marriott Austin Hotel
Austin, TX

November 8–14, 2015

64th Annual Meeting
La Quinta Resort & Club
Palm Springs, CA

BEST POSTER AWARDS

Jon Levenson, MD, FAPM, and Christina Wichman, DO, FAPM, co-chairs of the Oral & Poster Papers Subcommittee, presented the following awards at the 2014 Annual Meeting:

First Place: “EEG – Peak Alpha Frequency Correlates in Chronic Fatigue Syndrome: A Case-control Observational Study”

Presenting Author: José Maldonado, MD, FAPM

Second Place: “Use of Dextromethorphan/Quinidine as a Glutamate Modulator in Catatonia”

Presenting Author: Jason Caplan, MD, FAPM

Third Place: “Formative Evaluation of the LDAT (Living Donor Assessment Tool) Using Case Histories”

Presenting Author: Akhil Shenoy, MD
Co-Authors: Dianne LaPointe Rudow, Brian Iacoviello, Zorica Filipovic-Jewell, Kimberly Klipstein



1st place poster winner **José Maldonado, MD, FAPM** (left), with award presenters Jon Levenson, MD, FAPM (center), and Christina Wichman, DO, FAPM



2nd place poster winner **Jason Caplan, MD, FAPM**



3rd place poster winner **Akhil Shenoy, MD**

BEST TRAINEE POSTERS

First Place: “Illness Perceptions of People with Chronic Medical Conditions Are Associated with Frequent Use of Accident and Emergency Department Independent of Mental Illness and Somatic Symptom Burden”

Presenting Author: Thomas Hyphantis, MD, PhD
Co-Authors: Angeliki Ninou, Vassiliki Paika, Andre Carvalho, Else Guthrie

Second Place: “Concurrent ECT and Bupropion Treatment”

Presenting Author: Lauren Murphy, MD (not pictured)
Co-Authors: Takala Christopher, Leung Jonathan, Brian Palmer

Third Place: “Delirium Management: Results from a Nationwide Survey of Consultation-Liaison Psychiatrists”

Presenting Author: Rachel Shmuts, MD
Co-Authors: Lex Denysenko, Andrew Orr



1st place trainee poster winner **Thomas Hyphantis, MD, PhD** (left), and award presenter Jon Levenson, MD, FAPM



3rd place trainee poster winners **Andrew Orr** (left), **Lex Denysenko** (center), and presenting author **Rachel Shmuts, MD**

APM FELLOWSHIPS

There were 43 applications for Academy Fellowship this year, nearly the same as 2013's 47. Thirty-six were elected to Fellowship at the 2014 Annual Meeting.

Please see the article on page 4, "APM Fellowship Eligibility Criteria Amended."

2014 Academy Fellows

Rashi Aggarwal, MD
 Andrew Angelino, MD
 Patrick Aquino, MD
 Maher Ayyash, MD
 Pierre Azzam, MD
 Sharon Batista, MD
 Bradford Bobrin, MD
 Ronit Dedesma, MD
 Mary Dell, MD, DMIn
 Lex Denysenko, MD
 Anne Gross, MD
 Colin Harrington, MD
 Damir Huremovic, MD
 Scott Irwin, MD, PhD
 Laura Kent, MD
 David Kissane, MD
 Jennifer Knight, MD
 Christopher Kogut, MD
 Oladipo Kukoyi, MD
 Nnamdi Maduekwe, MD
 Cheryl McCullumsmith, MD,
 PhD
 Fremonta Meyer, MD
 Leena Mittal, MD
 Natalia Ortiz, MD, FAPA
 Roberto Ortiz-Aguayo, MD
 Jane Rosenthal, MD
 Melanie Schwarz, MD
 Sanjeev Sockalingam, MD
 Kristin Somers, MD
 Snezana Sonje, MD
 Guitelle St. Victor, MD
 Stephen Stern, MD
 Junji Takeshita, MD
 Adriana Vasquez, MD
 Robert Weinrieb, MD
 Philippe Weintraub, MD

Pledge of Fellowship

On behalf of the 2014 Fellowship Class, I, _____, do hereby pledge to the Academy of Psychosomatic Medicine, this November Fourteenth, Two Thousand and Fourteen, that we shall:

Continue to foster Academy objectives for advancing scientific knowledge concerning mind, body, and environment; promote interrelationships through research, education, and practice; and encourage cooperation with other fellow scientists in related disciplines.



*Back row: Ronit Dedesma, Bradford Bobrin, Patrick Aquino, Andrew Angelino
 Front row: Sharon Batista, Pierre Azzam, Maher Ayyash, Rashi Aggarwal*



*Back row: David Kissane, Scott Irwin, Damir Huremovic, Lex Denysenko
 Front row: Laura Kent, Colin Harrington, Anne Gross, Mary Dell*



*Back row: Natalia Ortiz, Nnamdi Maduekwe, Oladipo Kukoyi, Chris Kogut
 Front row: Leena Mittal, Fremonta Meyer, Cheryl McCullumsmith, Jennifer Knight*



*Back row: Stephen Stern, Snezana Sonje, Kristin Somers, Sanjeev Sockalingam
 Front row: Guitelle St. Victor, Melanie Schwarz, Jane Rosenthal, Roberto Ortiz-Aguayo*



Junji Takeshita, Robert Weinrieb, Philippe Weintraub, Adriana Vasquez

TRAINEE TRAVEL AWARDS

To encourage residents and PM/C-L fellows to join APM, attend the annual meeting, and eventually become new leaders of the Academy, awards of \$750 each are presented to top candidates to help offset the cost of attending the meeting. In similar vein to the number of Fellowship applications, the travel awards were also heavily subscribed in 2014, with 68 candidates (vs. last year's 41) vying for just 15 awards—over 4.5 applications for each award. The following award winners attended APM 2014:

Amritha Bhat, MD
University of Washington

Kathleen Bingham, MD, University of
Toronto

Monika Chaudhry, MD
University of Southern California

Julia Edwards, MD, MPH
University of Washington

Sarah Faeder, MD, PhD
Western Psychiatric Institute & Clinic

Anna Frenklach, MD
Stanford University

Robin Hanson, DO
Thomas Jefferson University

Heather (Liebherr) Joseph, DO
University of Pittsburgh

Lawrence Kaplan, DO
Brigham and Women's Hospital

Daniel Linhares, MD
Mount Sinai St Luke's

Nasuh Malas, MD, MPH
University of Pittsburgh

Laura McLafferty, MD
Thomas Jefferson University

Anna Piotrowski, MD
University of Chicago

Rajiv Radhakrishnan, MBBS, MD
Yale University

Emily Rosenberger, BA
University of Pittsburgh

APM 2015 COUNCIL

Retiring from the APM Council at the 2014 Annual Meeting were: Maryland Pao, MD, FAPM, after six years of service; Don Rosenstein, MD, FAPM, after nine years of service; and Philip Muskin, MD, FAPM, who originally joined the Council in 2002 and whose service during that time included the last five years as chair of the APM Foundation and, accordingly, its ex officio representative to the Council.

Paul Desan, MD, PhD, FAPM, was elected to the Council to finish the remaining term of one year upon the vacation of the position of James Rundell, MD, FAPM, who was elected to the Executive Committee as Secretary. Carol Alter, MD, FAPM, succeeds Phil Muskin as the Foundation's ex officio representative to the Council.



From left: Drs. James Rundell, Linda Ganzini, Maryland Pao, Steven Epstein, Donna Greenberg, Michael Sharpe, Maria Tiamson-Kassab, Jeff Huffman, Linda Worley, Philip Bialer, Christina Wichman, J. Michael Bostwick, Catherine Crone, Paul Desan, Rebecca Brendel, Theodore Stern, Robert Boland
Absent: Drs. Carol Alter, Wayne Katon

Want to join a SIG? Log into the Members' Corner at tinyurl.com/APMCorner, click "View or update your profile," and you will find subscription options for all SIGs.

Bioethics

Co-Chairs: Mary Ann Cohen, MD, FAPM, and Rebecca Weintraub Brendel, JD, MD, FAPM

Rotating Co-Chairs: David Sheski, MD, Maria Theresa Mariano, MD (trainees); Xavier Jimenez, MD (Early Career Psychiatrist)

Interest in bioethical issues has increased markedly over the last year, with 42 members as of 2015, high attendance at our SIG symposia, and a bioethics-focused Visiting Professorship at UCLA–Olive View. In keeping with our effort to attract new psychosomatic medicine psychiatrists, we are pleased to report that two residents and one early career psychiatrist (see above) have accepted our invitations to become rotating co-chairs of the Bioethics SIG for a period of three years.

Our newly created Bioethics SIG web page, edited by Dr. Xavier Jimenez, is now up and running on the APM website. We invite you to explore the web page at www.apm.org/sigs/bioethics. Joining is now easier than ever. To join our SIG and its listserv, please fill out and submit the online Bioethics SIG sign-up form, or you can subscribe directly to the SIG via your APM membership profile.

At the 2014 APM Annual Meeting our SIG presented a collaborative symposium with the Palliative Care SIG that was well attended: "CPR, Autonomy, and Medical Futility: Conflicting Rights and Responsibilities in the Physician-Patient Relationship."

The Bioethics SIG Bibliography Task Force is now working on updating the annotated bioethics bibliography of references for psychosomatic medicine psychiatrists and welcomes your suggestions of bioethics articles that were published from 1999 to the present that you have found relevant.

We welcome suggestions for new members and invite you and your colleagues to attend our meetings, submit case presentations to our Issues in Bioethics section in *Psychosomatics*, and to join our APM Bioethics SIG!

Early Career Psychiatrists (ECP)

Co-Chairs: Leeza Park, MD, and John Taylor, MD

SIG co-chairs John Taylor and Leeza Park organized a lunchtime interactive webinar on Tuesday, February 3, to offer ECPs an opportunity to discuss and share concerns about the ins and outs of the hiring process and looking at contracts.

Guest speakers at the webinar were: APM member Dr. Jason Caplan, chair of psychiatry at Creighton University School of Medicine at St. Joseph's Hospital and Medical Center; and Jim Hilliard, JD, counsel to the Massachusetts Psychiatric Society. Both guests spoke at length on the specifics of the hiring process, offer letters, negotiating, and employment contracts.

The webinar was attended by 16 ECPs, which is a great turnout for an event advertised just about a week in advance. Unfortunately, the webinar could not be recorded due to subscription plan limitations; however, future events likely will be.

Leeza and John will be evaluating options for future events providing there is interest in more events similar to this. Please contact them (leezampark@gmail.com, taylor.john@mgh.harvard.edu) if you have ideas about, or want to participate in, future webinars.

Global Health (International Forum)

Chair: Stephen Nicolson, MD, FAPM

The Global Health SIG, formerly the International Forum, includes anyone with an interest in psychosomatic medicine internationally. There was very good attendance (30 people) at the forum's meeting at the annual meeting in November. It was noted that being a member of APM from a country other than the U.S. not only provides support for developing psychosomatic medicine in other countries, but also means that members are ambassadors for APM in their respective countries. There was considerable interest in learning about PM psychiatry around the

world, where services faced opportunities and challenges that were both different and similar. There is interest in APM developing more active ways of supporting and developing PM psychiatry in other countries.

Subsequent to the events at the 2014 Annual Meeting, the APM Council agreed to a proposal to rename the International Forum to the Global Health SIG, a new special interest group with the task of considering the role of psychosomatic medicine in health systems internationally and providing a forum for sharing lessons from different countries.

With the renaming of this group, forum chair Michael Sharpe, MD, FAPM, has stepped down and we welcome the new chair of the Global Health SIG, Stephen Nicolson, MD, FAPM, of Vanderbilt University Medical Center.

All existing subscribers to the now defunct International Forum have been automatically subscribed to the Global Health SIG.

HIV/AIDS Psychiatry

Co-Chairs: Mary Ann Cohen, MD, FAPM, and Kelly Cozza, MD, FAPM

Rotating Co-Chair: Early Career Psychiatrist Josephine Mokonogho, MD

Since 2003, our HIV/AIDS Psychiatry SIG has grown from 32 to 342 members. In 2012, thanks to founding member and World Psychiatric Association (WPA) President Dr. Pedro Ruiz, our SIG became a Section of the WPA, and in 2014 the Section attained full status.

In keeping with our effort to attract new psychosomatic medicine psychiatrists to our SIG, we are pleased to report that early career psychiatrist, Dr. Josephine Mokonogho, has accepted our invitation to become a rotating co-chair of the SIG for a period of three years.

In September 2014 at the WPA World Congress in Madrid, members of our SIG presented an Intersectional Symposium:

“HIV Psychiatry as Paradigm for Psychosomatic Medicine: Preventing Transmission, Caring with Compassion, and Improving Adherence.” Throughout the year our SIG members have presented at WPA meetings throughout the world.

Our two collaborative SIG symposia at the 2014 APM Annual Meeting were well attended:

- Update on HIV-Associated Neurocognitive Disorder: Prevention, Screening, and Current Controversies
- Depression in Patients with HIV: Current Research and Clinical Approaches to Screening, Management, and Treatment

Our SIG continues to provide a quarterly review of notable HIV Psychiatry abstracts annotated by SIG members Oliver Freudreich and Maria Ferrara, along with other consultants.

We invite you to explore our web page at www.apm.org/sigs/oap/ and use the online form on the site to join the SIG and subscribe to our listserv.

We welcome suggestions for new members and invite you and your colleagues to attend our meetings and to join our HIV/AIDS Psychiatry SIG!

Medicine & Psychiatry

Chair: Thomas Heinrich, MD, FAPM

The APM's Medicine & Psychiatry SIG consists of members of the Academy who have either completed combined training or who are practicing in the field of integrated medical-psychiatric care. The goal of this SIG is to bring professionals practicing consultation-liaison psychiatry together to discuss important topics such as building careers that successfully integrate medicine and psychiatry, challenging clinical cases, possible research initiatives, and pertinent training issues.

In addition to getting together (bright and early) at the APM Annual Meeting this past November in sunny Florida, a month before, in October 2014, SIG members gathered at the Association of Medicine and Psychiatry's Annual CME Conference in Chicago. This conference had a wonderful line-up of speak-

ers who taught about integrated care models, internal medicine topics, psychopharmacology, and neuropsychiatry as well as the popular resident clinical vignette competition. As discussed at both of these meetings, the Medicine & Psychiatry SIG will once again plan on submitting an Updates in Internal Medicine abstract for consideration as a pre-conference skills course at APM's 2015 Annual Meeting.

If you are interested in joining our SIG's Google Group, please do not hesitate to email me at theinric@mcw.edu.

Pediatric Psychosomatic Medicine

Co-Chairs: Susan Turkel, MD, FAPM, and Maryland Pao, MD, FAPM

We had a terrific turn out for Pediatric Psychosomatic Medicine at APM with 16 members present at the SIG meeting and at least two other members at the meeting. The program supported a strong pediatric track throughout, with four presentations and five posters. Two of our child psychiatry members, Drs. Roberto Ortiz-Aguayo and Mary Lynn Dell, became new APM Fellows. We began planning many exciting presentations for next year's meeting and are reminding SIG members to please submit their ideas. The joint AACAP-APM pediatric listserv is abuzz with activity and connects us across the country and the globe for difficult cases, referrals, and current information. Check out our web page at www.apm.org/sigs/peds-pm

Psychotherapeutic Approaches to the Medically Ill

Co-chairs: Craig Lichtman, MD, and Xavier Jimenez, MD

The Psychotherapeutic Approaches to the Medically Ill SIG had a productive and revitalizing year in 2014. Under Dr. Craig Lichtman's leadership, Dr. Xavier Jimenez was invited to co-chair the SIG. They have held numerous joint teleconferences to discuss recruitment and SIG development.

At the 2014 APM Annual Meeting in Fort Lauderdale, SIG members presented engaging workshops and symposia:

- Dr. Jimenez and colleagues from the

Cleveland Clinic conducted a workshop focusing on the clinical and consultation approach to self-injury: “Difficult to Digest: Managing Self-Injurious Behavior on the Consultation-Liaison Psychiatry Service.”

- Drs. Kemuel Philbrick, Harold Bronheim, and Wolfgang Soellner offered psychodynamic case conceptualization surrounding psychosomatic presentations: “Psychodynamic Bedside Consultation.”

Each of these SIG-related events was well-attended and fostered ongoing interest in SIG-themed projects.

The SIG also held its own annual meeting at the APM Annual Meeting in November. It began with introductions and a brief history of the SIG, and welcomed 14 participants in considering numerous future projects, including symposia on medical trauma, mindfulness, and systems thinking as well as workshops on brief psychotherapeutic interventions, case conceptualization, countertransference awareness, and approaching “the difficult patient.” Seven of the meeting attendees joined as new members of the SIG.

In short, the Psychotherapeutic Approaches to the Medically Ill SIG remains active, engaged, and productive, and is looking forward to ongoing growth and activity in the future.

Research

Chair: Jane Walker, MBChB, PhD

The brand new Research SIG was launched at the APM Annual Meeting this November and I am delighted to say that we already have over 40 members. The SIG's focus is to nurture researchers in the APM and to attract new research-active members to the organization. This year saw the first “research for researchers” session which was very well attended (despite being held on Saturday afternoon) and received excellent feedback. The SIG now has its own listserv to allow researchers to communicate with each other to develop collaborations and to discuss practical research issues. As a developing SIG we

(continued on page 14)

want to reach out to all those research-active members of APM, so please do contact jane.walker@psych.ox.ac.uk if you would like to join us in this new and exciting mission.

Women's Mental Health

Co-Chairs: Nehama Dresner, MD, FAPM, Christina Wichman, DO, FAPM, and Nancy Byatt, DO, FAPM

With over 50 members, the Women's Mental Health SIG continues to gather momentum. The SIG collectively contributes to the APM quarterly "Annotations" (www.apm.org/library/articles) by summarizing the most current articles in the field of women's mental health. As we have in previous years, we plan to propose several workshops/symposia for the 2015 meeting in New Orleans. Topics on the table are eating disorders, somatoform/complicated medical illness in women, and perimenopause/menopause.

A subgroup headed by Drs. Laura McLafferty and Linda Worley is preparing a publication on the topic of substance abuse during pregnancy. In addition, the SIG is also exploring advocacy opportunities for women. Lastly, the SIG is establishing an APM listserv for improved communication and sharing content. Please be in touch (n-dresner@northwestern.edu) if you wish to be included in our listserv, and as always, with feedback, comments, or questions.

ACADEMY TO RECEIVE APA DISTINGUISHED SERVICE AWARD

The Academy has been selected to receive the American Psychiatric Association's 2015 Distinguished Service Award.

A statement issued by APA President Dr. Paul Summergrad and CEO Dr. Saul Levin described why APM is receiving the award: "The Award is given in recognition of significant contributions to the APA and the field of American psychiatry. The dedication and commitment of the Academy of Psychosomatic Medicine to the APA and psychiatry have made an immeasurable contribution to the profession and the association."

The Award will be presented during the Convocation Ceremony at the 2015 APA Annual Meeting in Toronto, Canada, on **May 18**.

In an email posted to all APM members in December, APM President Cathy Crone shared these thoughts on receiving the news: "APM leadership has taken a strategic decision to develop and build on close professional ties with the APA and, through collaborative efforts and capitalizing on APA's advocacy power and deep volunteer resources, offers potential for both organizations to achieve mutually compatible goals. To that end, the Academy leadership has been investing great effort into a closer working relationship with APA in order to foster support for psychiatrists playing a role in the collaborative care movement, educating their members about psychiatric issues in the medically ill at the APA Annual Meeting, and working alongside APA leaders and staff on issues of mutual benefit/concern. These efforts have realized significant and important gains for psychosomatic medicine.

"We want to thank all of you who have participated in helping us to build and maintain this bridge to the APA. We hope you will be there in person to see APM receive its award at the APA annual meeting in Toronto in May!"

APM members attending the APA meeting in May are encouraged to attend the convocation ceremony and cheer on Cathy as she collects the award on behalf of APM!



CALL FOR AWARDS

The Academy is pleased to announce that nominations for its 2015 awards are now being accepted. The following awards are now accepting nominations online at www.apm.org/awards

Submission deadline: April 1, 2015

- Eleanor & Thomas P. Hackett Memorial Award
- Research Award
- Award of Special Recognition
- Distinguished Service Award
- Alan Stoudemire Award for Innovation & Excellence in PM/C-L Education
- Visiting Professorship Program

Submission deadline: July 1, 2015

- Don R. Lipsitt Award for Achievement in Integrated and Collaborative Care
- Academy Fellowship

The following awards have an August 1 closing date and, therefore, are not yet open for nominations. Further updates on when these awards will be accepting nominations will follow later in the year:

- Dorfman Journal Paper Awards
- Webb Fellowship Program
- Trainee Travel Awards

TOOLKIT UPDATED TO PROMOTE PM

APM's toolkit "Collaborative Care in Health Systems: Competencies and Skills of Psychosomatic Medicine Psychiatrists," written for primary care system leaders, health insurers, and hospital systems, has been updated and is now available on the APM website under the Education menu. The toolkit, comprising an executive summary and slide deck, is free to download and use.

 @APM_Psychiatry

NEW ACADEMY MEMBERS (through January 31, 2015)

FULL MEMBERS

Noorulain Aqeel, MD
Jennifer Braverman, MD
Megan Brennan, MD
Cletus Carvalho, MD
Mohammed Daher, MD
John D'Andrea, DO
Belal Elamir, MD
Rosanne Fox, MD
Elena Friedman, MD
Juliette Galbraith, MD
Lyad Gozal, MD
William Griffies, MD
Katherine Immerman, MD
Juan Jaramillo, MD
Jennifer Johnson, MD
David Kroll, MD
Yujin Lee, MD
Maria Mariano, MD
Robina Niazi, MD
Marcella Pascualy, MD

Theodote Pontikes, MD
Adsule Pranayjit, MD
Randall Ricardi, DO
Kuppuswami Shivakumar,
MD, MPH
John Spollen, MD
Shannon Tyler, MD
Dylan Wint, MD

ASSOCIATE MEMBERS

Leta Luguri, MA
Susan Swift, MSN
Edward Wicht, MD

TRAINEE MEMBERS

Marra Ackerman, MD
Marie Rose Alam, MD
Daniah Al-Sayegh, MD
Angelo De Los Angeles, MD

Allison Deutch, MD
Rachel Goldberg, MD
Rafael Gonzalez-Alonso, MD
Robin Hanson, DO
Catline Jacques, MD
Lawrence Kaplan, DO
Jasleen Kaur, MD
Alyson Kepple, MD
Sheila Lahijani, MD
Sarah Laughon, MD
Alainia Morgan-James, MD
Ejine Okoroafor, MD
Anna Piotrowski, MD
Magdalena Reyes, MD
Andrew Sander, MD
Kathleen Sheehan, MD
Igor Tatarintsev, DO
Samuel Weisblatt, MD
Sonja Lynn, DO

WEBSITE REDEVELOPMENT PLANS

The APM Council has approved an update of the APM website this year. Funds are appropriated in the 2015 budget to accommodate a comprehensive redesign of the now 8-year-old website. The Website Subcommittee, a working party of the Communications Committee, has been supervising the vendor selection process. Work on the project is expected to begin in late March with a projected August 31 completion date.

If you haven't already, please take 5-10 minutes to complete our survey asking for your evaluation of the current site and suggestions for the new site. Your opinions will help drive the content and direction of the project. The survey link is tinyurl.com/help-APM or take the link on the APM home page, www.apm.org



APM Career Center



The premier psychosomatic medicine/consultation-liaison recruitment tool, the Academy of Psychosomatic Medicine's online Career Center offers employers and job seekers an easy-to-use and highly targeted resource for online employment connections. With advanced features such as résumé criteria searches for employers and expanded profile capabilities for job seekers, the Career Center makes connections between candidates and employers easy and effective.

APM's Career Center postings are moderated, which means, wherever possible, only postings relevant to psychosomatic medicine/C-L psychiatry are permitted.

The APM Career Center is **completely free*** to all users and you don't have to be an APM member to post an opening.

Visit the APM Career Center at tinyurl.com/APMCareers

*Free postings apply to basic 120-day postings only. Extra services, such as featuring a job in listings, feeding to external job sites, or adding special enhancements, will involve a small cost.

The Foundation of the Academy of Psychosomatic Medicine, or *fAPM*, is a charitable organization established five years ago to support the mission of the APM. *fAPM* works collaboratively with the leadership of the APM to identify key initiatives where support is needed and bring funding to APM to support these goals.

One of the greatest assets of the Academy is its ability to help each and every one of us grow and develop as PM psychiatrists through education and networking activities. Our individual successes have direct impact on the care we provide patients, our ability to train students and residents, and our commitment to assure access to the care we provide.

Over the past few years, the Foundation has partially underwritten the Webb Fellowship Program and a number of Trainee Travel Awards.

This year marked the inaugural presentation of the Don R. Lipsitt Award for Achievement in Integrated and Collaborative Care. The award is intended to acknowledge work done directly with primary care colleagues. It was a great honor to have Dr. Lipsitt and his son, Dr. Eric Lipsitt, attend the annual meeting. Dr. Jeffrey Huffman's presentation, "Practical Implementation of Inpatient Collaborative Care: A Nuts and Bolts Workshop", was an outstanding example of the work this endowment is meant to support for many years to come.

None of this would be possible without the continued generosity of so many members of the APM. Nearly \$42,000 was raised in 2014 as part of our 100% Campaign. The honor roll of contributors appears to the right and is posted on the APM website. Thank you all.

Broad-based support for the 100% campaign is key as we look to larger, external sources of funding to augment our work, such as grants and endowments. Such funds can propel us even further in our efforts to provide meaningful support to the field such as research and teaching endowments, trainee and early career involvement, and interdisciplinary/integrated care agendas.

It is not too late! We hope that everyone can make a contribution—no matter the size—to support OUR Academy!! Please click "Support" (at the far right of the green menu bar) of www.apm.org to make your secure donation. In addition, we hope that you will join many others who have donated their book and speaking honoraria; details regarding the benefits of this kind of gift are also on the website.

We are looking forward to a very exciting year! Stay tuned for more on *fAPM* activities at next year's meeting in New Orleans. And please be in touch if you are interested in being involved in these efforts.

Finally, the Board of Directors wants to take this opportunity, to thank Philip Muskin, MD, FAPM, as he completes his service as chair, for his enormous contribution of time, resources, and tenacity in helping the Foundation during its first five years. It could not have happened without him!!

fAPM Board of Directors:

Carol Alter, MD, FAPM
Robert Boland, MD, FAPM
Nehama Dresner, MD, FAPM
John Hayes, MD, FAPM
James Levenson, MD, FAPM
Philip Muskin, MD, FAPM
Daniel Winstead, MD, FAPM
Linda Worley, MD, FAPM



fAPM Board Chair, Carol Alter, MD, FAPM

fAPM HONOR ROLL

PATRON (\$1000 or more)

Melvin Gilbert
John Hayes
Thomas Kuich
Philip Muskin
Seth Powsner
Dan Winstead
Linda Worley

LEADER (\$500-\$999)

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Christopher Kogut
Jim Levenson
Nnamdi Maduekwe
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Alan Bates
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In the Czech Republic: NEW PROFESSIONAL SOCIETY FOR PSYCHOSOMATIC MEDICINE

After a delay of over twenty years, Czech medicine has joined fellow developed European countries by accepting psychosomatic medicine among its acknowledged medical fields.

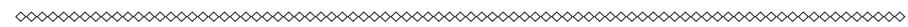
At the end of April 2014, the Czech Medical Society of Jan Evangelista Purkyně (ČLS JEP) founded the new Society of Psychosomatic Medicine. The ČLS JEP is the largest physician association of the Czech Republic with currently 34,000 doctors and other health care professionals in 120 societies. The over 200 founding members of the new PM society are doctors from somatic disciplines, psychiatrists, psychologists, and physiotherapists. The goal is to accelerate the development of psychosomatic medicine in the Czech Republic and to integrate the psychosomatic approach in the Czech health care system.

Currently, the new psychosomatic society is working with the Accreditation Commission of the Ministry for Health on the content and concept of the discipline. A network of psychosomatic departments is being created and a system of specialized education for physicians in the field of psychosomatics is being prepared. The doctors should become the first link in a

chain that can help patients with complicated psychosomatic diseases.

Vladislav Chvála, MD, was elected chairman of the new society. He presented this statement in regards to the position of psychosomatic medicine in the overall health care system: "In the last few decades, the opinion was favored that the improvement of laboratory equipment and instrumentation, including a significant expansion of pharmacology, will manage to solve most of the diseases. The World Health Organization (WHO) was proudly claiming the bio-psycho-social approach to health and disease, but, unfortunately, the reality was a massive growth of biological medicine. Later it turned out that this trend leads to a sharp increase of the costs for health care. Yet, we see more and more patients with chronic non-infectious and non-malignant diseases. According to studies, such patients make up around 40% of all patients. Psychological and social factors contribute substantially to the genesis and persistence of their diseases. Psychosomatic medicine provides the missing link in the treatment system and may even help to save a considerable amount of money for the health care system."

The new society has its own website at www.psychosomatika-cls.cz



MEETINGS OF INTEREST

For an ongoing list of meetings of related organizations, see News > Calendar of Events on the APM website.

March 25–28, 2015

26th Annual Meeting of the American Neuropsychiatric Association (ANPA).
Lake Buena Vista, FL

May 16–20, 2015

168th Annual Meeting of the American Psychiatric Association (APA). Toronto, Ontario, Canada.

July 2–4, 2015

3rd Annual Conference, European Association of Psychosomatic Medicine (EAPM). Nuremberg, Germany.

July 28–August 1, 2015

12th Annual Conference of APOS (American Psychosocial Oncology Society) and 17th World Congress of Psycho-Oncology (International Psycho-Oncology Society, IPOS). Washington, DC.

October 2–3, 2015

2015 Annual Meeting of the Association of Medicine and Psychiatry (AMP). Chicago, IL.

Guest Column:

EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE

By EAPM President Wolfgang Söllner, MD, FAPM

The European Association of Psychosomatic Medicine (EAPM) wishes you a happy, healthy, and successful New Year!

The EAPM is an interdisciplinary and multi-professional scientific association that includes researchers and clinicians with different professional backgrounds working in the field of Psychosomatic Medicine and C-L Psychiatry. EAPM was founded in 2012 through the merger



Wolfgang Söllner, MD, FAPM

of two associations, the European Association of C-L Psychiatry and Psychosomatics (EACLPP) and the European Network of Psychosomatic Medicine. We welcome membership of non-European colleagues as well! The *Journal of Psychosomatic Research* is the official organ of the association.

The development of C-L Psychiatry and Psychosomatic Medicine (PM) is very heterogeneous around Europe. Some countries have specializations of Psychosomatic Medicine besides General Psychiatry (Germany, Latvia) or subspecializations of Psychiatry (Switzerland). In some countries, rotation to C-L Psychiatry/PM is mandatory for psychiatric residents (Portugal, Spain). To overcome this heterogeneity, the EACLPP developed guidelines for training in C-L (Söllner, et al, 2007).

Although psychiatrists and psychosomaticists have a leading role, clinical practice and research at this interface between medicine and psychiatry is interdisciplinary and multiprofessional. This is reflected in the EAPM membership and the topics of the working groups, special interest groups, and annual conferences. The annual meetings cover neurobiological as well as psychological and psychotherapeutic topics.

Joint APM-EAPM Pre-conference at EAPM Meeting

We are excited to invite you to EAPM 2015, *Challenges and Chances for Psychosomatic Medicine in Health Care*, which will take place in Nuremberg, Germany, July 1-4, 2015. EAPM and APM have organized a joint pre-conference scientific meeting with the topic, "The

Art and Science of Communication in Health Care." A special treat will be the Special Lectures in the historic Courtyard 600 where the Nuremberg trials took place in 1946. Joel Dimsdale will talk about the Rorschach tests of Nazi perpetrators in the Nuremberg trials, Karl-Heinz Leven will talk about "The Nuremberg Medical Trial—Lessons to Learn." Scientific symposia, poster sessions, master classes on research in psychosomatic medicine, and clinical courses will complete the program. We are looking forward to seeing you in Nuremberg! Do not forget to register for the pre-conference, too! The conference fee is reduced for APM members. For more information, see the conference website at www.eapm2015.com or contact Lisa Meyer at contact@eapm.eu.com.

Awards

Besides a Young Researchers Award sponsored by Elsevier, EAPM gives two awards for outstanding contribution to C-L and PM. We are glad to announce the 2015 awardees of the two EAPM scientific awards:

- Professor Francis Creed, Manchester, UK, is the recipient of the Frits Huyse Award for outstanding contribution to the development of consultation-liaison psychiatry and integrated care.
- Professor Kurt Kroenke, Indianapolis, USA, is the first recipient of the new Alison Creed Award for lifetime achievement in the field of Psychosomatic Medicine and Consultation-Liaison Psychiatry.

We congratulate the award winners. Both of them will give an award lecture at the upcoming scientific EAPM conference in Nuremberg, Germany, in July.

Joint activities of APM and EAPM

We are happy about the joint activity with APM. Besides the pre-conference events at the EAPM conferences, APM and EAPM developed clinical monographs and bibliographies on specific topics. So far, monographs on Delirium, Aggression & Violence, and Traumatic Stress Disorder, and a Bibliography on Psychosocial Aspects of AIDS/HIV, have been published. We look forward to a creative and productive cooperation.

Come join us in Nuremberg!

EAPM 2015

1st – 4th July, 2015
Nuremberg, Germany



Challenges and Chances for Psychosomatic Medicine in Health Care

MAIN TOPICS

- Integrated and collaborative care in the treatment of chronic diseases
- Brain-immune interactions
- Psychotherapy with the medically ill
- The use of new media in psychotherapy and psychosomatics

SPECIAL LECTURES IN THE HISTORIC COURT YARD 600 ON 1ST JULY, 2015

by Karl-Heinz Leven & Joel Dimsdale

The Nuremberg Medical Trial – Lessons to Learn

Anatomy of Malice: The Rorschach tests of the Nuremberg War Criminals

APM-EAPM PRE-CONFERENCE ON 1ST JULY, 2015

THE ART & SCIENCE OF COMMUNICATION IN HEALTH CARE

Joint scientific meeting of the Academy of Psychosomatic Medicine (APM, USA) and the European Association of Psychosomatic Medicine (EAPM)

End of Early bird registration fee and Poster submission: **15 Apr '15** | End of online registration: **25 Jun '15**

Congress Venue_ Meistersingerhalle Nuernberg

Congress president_ Wolfgang Söllner, Prof., MD, Paracelsus Medical University, General Hospital Nuremberg

PCO_Dr. Eugen Preuß, pdl congressmanagement, Andreas-Hofer-Str. 6 EG/A-6020 Innsbruck

www.eapm2015.com

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FUTURE APM ANNUAL MEETINGS

November 11–14, 2015

62nd Annual Meeting
Hilton Riverside Hotel
New Orleans, LA

November 9–12, 2016

63rd Annual Meeting,
JW Marriott Austin Hotel
Austin, TX

November 8–11, 2017

64th Annual Meeting
La Quinta Resort & Club
Palm Springs, CA

APM 62nd ANNUAL MEETING: THE ART & SCIENCE OF COMMUNICATION

SUBMIT YOUR ABSTRACTS BY APRIL 1, 2015



2015

Annual Meeting



November 11 - 14
Hilton New Orleans Riverside
New Orleans, LA



CALL FOR ABSTRACTS

SUBMISSIONS DEADLINE:

APRIL 1, 2015

Visit tinyurl.com/abstracts2015